



Words to know when viewing: [Carme Ruscalleda: Día de la Mujer 8M](#)

Meet Carme Ruscalleda, the first female chef to win seven Michelin stars. And she taught herself to cook! Just goes to show what you can accomplish when you're passionate and determined to succeed.

conquista = she conquers

paladares = taste buds

recetas = recipes

infinita = infinite

cocina = cookery

cocinan = cook

mágico = magical

felicidad = happiness

consiste en = consists of

desata el poder de ser lo que quieras = unleash the power to be what you want to be