



**Words to know** when viewing: [Araceli Segarra: Día de la Mujer 8M](#)

Be inspired by hearing about a mountaineer who not only climbs mountains but writes children's stories too. Find out why she thinks these are similar!

montaña = mountain

expediciones = expeditions

cordilleras = mountain ranges

planeta = planet

alpinista = mountain climber

cima = summit

practicar = practising

alpinismo = mountain climbing

cuentos infantiles = children's stories

ilustra = illustrates

dibujar = drawing

escalar = climbing

desata el poder de ser lo que quieras = unleash the power to be what you want to be